



# Poster Guidelines and Submission - 2026

## HMF: The Culinary Medicine Conference

The Health Meets Food (HMF) Research team is now accepting applications for Faculty, Resident and/or Student Posters for the HMF Poster Session to be held as part of the 2026 Health Meets Food: The Culinary Medicine Conference.

Links to the posters with their abstracts will be maintained on the Culinary Medicine Specialist Board website at [culinarymedicine.org](https://culinarymedicine.org).

This is an opportunity to showcase how your site has utilized Culinary Medicine in teaching and patient intervention and for others to learn of the outcomes in your location. Show attendees the many ways in which culinary medicine has been taught, appreciated and used in your patient and student population. Student submissions are highly encouraged.

Poster submissions will be peer-reviewed for academic content and interest by the HMF Research Committee. In addition to publication of your poster and abstract on the website and ability to present the work at the conference, we will evaluate all contributions for the best 2025 contribution.

Judging methods will include evaluation of relevance of the study question, choice of methodology, soundness of results and conclusions, replicability, effectiveness of poster display, and importance of the contribution of work accomplished with regard to advancing the field of culinary medicine in education. The winner of this evaluation process will receive free admission to the 2027 annual Health meets Food conference.

### Instructions for Application:

1. Copy the attached form, complete it, and save as a Word document.
2. Be sure to include the 150-word summary of the activity at the end of the form. This summary will be posted on the Health Meets Food website (if accepted) with your actual poster.
3. Failure to follow instructions could result in denial of application.

Email your completed application (in Word format) to Dr. Anne VanBeber at [a.vanbeber@tcu.edu](mailto:a.vanbeber@tcu.edu) by Friday, February 27, 2026.

Notification of acceptance will be provided by Friday, April 10, 2026.

***Type of activity (pick one):***

Original research \_\_\_\_\_ | Educational endeavor \_\_\_\_\_ | Clinical endeavor \_\_\_\_\_

***Contact information for corresponding author and presenter.***

Name	
Title	
Institution	
Email Address	
Phone	

***Please note that based on evaluation of prior year submissions, we encourage formatting and editing to optimize read ability of content. Posters that are created with excessive wording and smaller font sizes will not be as effective on display.***

1. Title
2. Purpose (consider bulleted format)
3. Methods - outcome measures chosen, study setting, participants

4. Results (visual representation of data is preferred when able)

5. Conclusions

6. Support and references

Write a 150-word summary of this activity. Include it here.