



Rainbow Cabbage Slaw

U.S.

1/2 head (about 6 cups)	Red Cabbage, shredded
2 each	Green Onions, chopped
1/2 bunch (about 1/4 cup)	Cilantro, fresh, chopped
1 large	Carrot, grated
1 large	Green Apple, grated
1/2 each	Orange, zested and juiced
1 each	Lemon, zested and juiced
1/2 tsp	Cumin, ground
1/4 tsp	Coriander, ground
2 Tbsp	Olive Oil
1/4 tsp	Salt, Kosher
To taste	Black Pepper, ground

Metric

1/2 head
2 each
1/2 bunch
1 large
1 large
1/2 each
1 each
1.4g
0.7g
30mL
1.5g
To taste

Preparation:

1. Gather all ingredients and equipment.
2. Make dressing by combining orange zest and juice, lemon zest a juice, cumin, coriander, olive oil, salt, and pepper in a large bowl. Whisk until combined
3. Add the remaining ingredients to the bowl and toss to coat.
4. Allow to chill for 10 minutes prior to serving and enjoy!

Nutrition Facts

9 Servings

Serving size **1 cup**

Amount per serving

Calories **60**

Calories from Fat 30

Total Fat 3 g

 Saturated Fat 0 g

 Trans Fat 0 g

 Monounsaturated Fat 2 g

Cholesterol 0 mg

Sodium 75 mg

Total Carbohydrate 9 g

 Dietary Fiber 2 g

 Total Sugars 6 g

 Includes 0g Added Sugars

Protein 1 g

Vitamin D 0 %

Calcium 2 %

Iron 4 %

Potassium 202 mg

Phosphorus 20 mg
