



Ranch Dressing (Large Font)

This dressing can be used on salads or served as a dip with vegetables.

U.S.

3/4 cup

1/4 cup

1/3 cup

1 tsp

3/4 tsp

1 1/2 tsp

1 Tbsp

1 1/2 Tbsp

1 tsp

1/4 tsp

Greek Yogurt, low fat

Sour Cream

Buttermilk

Apple Cider Vinegar

Granulated Sugar

Garlic Powder

Parsley, dried

Chives, dried

Onion Powder

Kosher Salt

Metric

235 mL

60 mL

80 mL

5 mL

3 g

5 g

1.5 g

4.5 g

2.5 g

1.5 g

Preparation :

1. Gather all ingredients and equipment.
2. Combine all ingredients in a medium-sized bowl.
3. Refrigerate until ready to serve.

Nutrition Facts

11 Servings

Serving size **2 Tablespoons**

Amount per serving

Calories **30**

Calories from Fat 10

Total Fat 1 g

 Saturated Fat 0.5 g

 Trans Fat 0 g

 Monounsaturated 0 g

Cholesterol 5 mg

Sodium 60 mg

Total Carbohydrate 2 g

 Dietary Fiber 0 g

 Total Sugars 1 g

 Includes <0.5g Added Sugars

Protein 2 g

Vitamin D 0 %

Calcium 2 %

Iron 0 %

Potassium 37 mg

Phosphorus 8 mg
