



## Quick Tomatillo Salsa

### U.S.

5 each	Tomatillo, charred
1/2 each	Red Onion, rough chop
2 each	Jalapeño, rough chop
1/2 bunch	Cilantro, rough chop
1/3 cup (as needed)	Vegetable Stock
2 each	Lime Juice
1/4 tsp	Salt
To Taste	Ground Black Pepper
1/2 tsp	Cumin

### Metric

5 each
1/2 each
2 each
1/2 bunch
78.9ml (as needed)
2 each
1.43g
To Taste
1.3g

### **Preparation:**

1. Gather all ingredients and equipment.
2. Char the tomatillos and red onion over an open flame or under the broiler.
3. Place all ingredients except cilantro, in batches if necessary, in a blender or processor and blend until smooth. If the salsa is too thick, add vegetable stock as needed
4. Pour in a bowl and fold in cilantro.
5. Serve with tortilla chips and enjoy!

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### **Nutrition Facts**

**Serving size** **1/3 cup**  
**Servings** **6**

<b>Calories</b>	18
Calories from Fat	0
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Monounsaturated Fat	0 g
Cholesterol	0 mg
Sodium	14 mg
Carbohydrates	4 g
Dietary Fiber	1 g
Sugars	2 g
Protein	1 g
Potassium	137 mg
Vitamin A	50 %
Calcium	1 %
Vitamin C	25 %
Iron	2 %
Phosphorus	17 mg

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