



Chimichurri Sauce

U.S.

1/2 cup packed
1/2 cup packed
1/2 cup
1/4 cup
2 clove
1/2 tsp
1/2 tsp
1/2 tsp
To taste

Italian Parsley, fresh
Cilantro, fresh
Olive Oil
Sherry Vinegar
Garlic, peeled
Red Pepper Flakes
Cumin
Salt, kosher
Black Pepper, ground

Metric

30 g
30 g
119 mL
57 mL
4 clove
0.5 g
1.5 g
2.5 g
To taste

Preparation:

1. Gather all ingredients and equipment.
2. Combine all ingredients in a food processor or blender, and blend until smooth.

Nutrition Facts

16 Servings

Serving size **1 Tbsp**

Amount per serving

Calories **60**

Total Fat	7 g
Saturated Fat	1 g
Trans Fat	0 g
Monounsaturated Fat	5 g
Cholesterol	0 mg
Sodium	65 mg
Total Carbohydrate	1 g
Dietary Fiber	0 g
Total Sugars	0 g
Includes 0g Added Sugars	
Protein	0 g
Vitamin D	0 %
Calcium	0 %
Iron	3 %
Potassium	15 mg
Phosphorus	0 mg
